BOYS \& GIRLS TEAMS ENTERED: BENEDICTINE (boys only), BLACK RIVER (boys only), CLYDE, EDISON, ELYRIA, ELYRIA CATHOLIC, HURON, LUTHERAN WEST, ST. MARYS CC, WAUSEON, WILLARD

Check in: 8:30am-9:30am in the middle room of the stadium (coaches only) for packets, scratches, implement weigh in and breakfast. No coaches meeting needed unless something come up.

## IF BRING YOUR OWN STARTING BLOCKS MAKE SURE YOUR SCHOOLS NAME IS ON THEM.

1. Enter your 2 participants for each event on Baumspage. Be aware of the closing date and scratch date. Remember there are no prelims this year. YOU MAY ENTER 2 RELAYS FOR MORE PARTICIPATION.
2. Lane assignments will be handed out when you arrive and turn in all scratches when you arrive or on Baumspage by 7pm Thursday night.
3. Shot and Discus - (3 flights of 7 throwers) 4 throws, NO FINALS. Top throwers in the last flight.
4. Jumps: a) Long jump-4 jumps (open pit 1.5 hours, boys \& girls), NO FINALS.
b) High Jump bar starts at 4' $\mathbf{2 "}^{\prime \prime}$ for girls $5^{\prime} 4^{\prime \prime}$ for boys. Subject to change
c) Pole Vault bar starts at $9^{\prime} 0^{\prime \prime}$-boys, $6^{\prime} 0^{\prime \prime}$-girls, moving 6" at a time. Subject to change

All races will be timed using FAT, heats will be set up slow to fast. NO PRELIMS, ALL FINALS
4. $100,200,400 \mathrm{~m}$ dash, $(100 \mathrm{~m}, 110 \mathrm{~m}$ and 300 m hurdles) with the last heat, the fastest, involving 8 participants.
5. Relays: a) 3200 m - lanes through two turns then California exchange (blue exchanges) 1 heat
b) 400 m -yellow exchange zones - lanes the entire race ( 3 heats)
c) 800 m -red then yellow exchange zones- lanes the entire race ( 3 heats)
d) 1600 m -blue exchange zones- First exchange in lanes, second runner cuts after the curve, then California exchange for third and fourth runner (3 heats)

## REMINDER: YOU MAY ENTER 2 RELAYS FOR MORE PARTICIPATION

6. Only coaches may be on the infield. Everyone else must be on the outside of the track or in the stands. THE FINISH LYNX TIMING DEVICE WILL BE IN USE. IT'S IMPORTANT EVERYONE STAY OUT OF THE INFIELD and NOT CROSS THE FOOTBALL FIELD so timers and officials may see around the track.
7. Spikes $-1 / 4$ or $1 / 8$ only. Please do not wear spikes in the stands.
8. All running contestants must report to the clerk of course at the southwest end of the track (across from the concession stand) and field event contestants must report to the field event judge, by the second call or be scratched.
9. Remind your competitors in a field event that he or she must tell the event judge that they are leaving for a running event.
10. Awards will be handed out to the athletes at the podium. The top 8 will be called to the podium as soon as event results are available after each event. If your athlete does not show up to the podium their awards will be at the awards table out on the field after the meet.

## 42 ${ }^{\text {nd }}$ ANNUAL <br> (HURON'S ARTIE MILLER MEMORIAL) INVITATIONAL TRACK \& FIELD MEET

APRIL 22, 2023 FIELD EVENTS: 10:00 am, RUNNING FINALS: 11:00am

Scoring: $10-8-6-5-4-3-2-1$
HURON INVITATIONAL ORDER OF EVENTS
FIELD EVENTS: 10:00 a.m.
GIRLS POLE VAULT followed by boys
BOYS HIGH JUMP followed by girls
BOYS SHOT PUT, 3 flights, 4 throws only. NO FINALS
GIRLS DISCUS, 3 flights, 4 throws only. NO FINALS
BOYS \& GIRLS LONG JUMP (open pit 1.5 hours), 4 jumps only. NO FINALS
FINALS: 11:00am NO PRELIMS

## 1-2 3200M RELAY

11:30:

| 3-4 | 100/110 HURDLES | $G \& B$ | 13-14 400M DASH | $G \& B$ |
| :---: | :---: | :---: | :---: | :---: |
| 5-6 | 100M DASH | $G \& B$ | 15-16 300M HURDLES | $G \& B$ |
| 7-8 | 800M RELAY | $G \& B$ | 17-18 800M RUN | $G \& B$ |
| 9-10 | 1600M RUN | $G \& B$ | 19-20 200M DASH | $G \& B$ |
| 11-12 | 400M RELAY | $G \& B$ | 21-22 3200M RUN | $G \& B$ |
|  |  |  | 23-24 1600M RELAY | $G \& B$ |

Preferred lanes-sprint events:

| Lane: | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| :---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Assigned: | 8 | 5 | 4 | 1 | 2 | 3 | 6 | 7 |

## PRESENTATION OF AWARDS:

| - 1st and 2nd place individuals: | MEDALS |
| :--- | :--- |
| - 3rd through 8th place individuals: | RIBBONS |
| - 1st and 2nd place teams: | TROPHIES |
| - outstanding male and female athlete: | TROPHY |

## DETERMINATION OF OUTSTANDING ATHLETE:

1. Assign points earned in individual events/divide relay points by 4 (four).
2. Add 10 additional points for new invite record, add 2.5 points for relay
record.D track, across from the concession stand. Athletes are asked to check in no later than the second call so they have time to get their hip number. The hip number should be on their right hip.
3. Add 5 additional points for tying an invite record, add 1 point for relays.

Officials: Andrew Morfier \& Phil Cloud-starters, Mike Martin- clerk of course, Ray Wasson-long jump, TBD-high jump, David Downs-pole vault, Robert Smalling-Discus, TBD-shot put. Clerk of Course is at the West end of the track, across from the concession stand. Athletes are asked to check in no later than the second call, so they have time to get their hip number. The hip number should be on their right hip.

Team camps- You may set up in the visitors stands or anywhere around/under the visitors stands.
Team camps may NOT be located under the home stands or around the South side of the home stadium.
Busses should drop the athletes off on the visitor stand side of the stadium and then park in the very North parking lot of the school. Parking is limited so most of the spectators will need to park also North of the school.

Turn in all scratches at the shed (finish line) when you arrive or scratch on Baumspage by 11am Friday April 21.

SCHOOL $\qquad$ (CIRCLE ONE) BOYS OR GIRLS
Coach- $\qquad$


| 200M DASH |  |
| :---: | :---: |
| 400M DASH |  |
| 800M RUN |  |
| 300M HURDLES |  |
| 1600 M RUN |  |


| 3200M RUN |
| :---: |

LONG JUMP

SHOT PUT
$\qquad$
HIGH JUMP

| DISCUS |
| :---: |
| POLE VAULT |

No relays for: 3200 $\qquad$ 800 $\qquad$ 400 $\qquad$ 1600

